

### VEGAN AND PLANT-BASED OPTIONS AT WALT DISNEY WORLD

Below is a list of all the vegan and plant-based options that are currently on offer at Hollywood Studios. It is a comprehensive list of snacks, quick service meals, table service meals and fine dining meals you will find in this park. It will give you everything you need to know so you can plan all the delicious things you want to eat during your trip!

Please note all items listed were correct at time of publication but some items may be unavailable or changed as Disney adapt their menus or change suppliers frequently.

Items marked with are listed as official plant-based. Anytime you see this symbol on menus or next to food items whilst at Disney it means that the items are plant-based as standard and therefore safe for vegans. Items listed below with an asterix \* are items that may be suitable for vegan but not listed officially on the Disney website or may require some modifications to make them suitable. Please always check these items with the chef before ordering.

Only items marked with the plant-based symbol whilst you are at Disney can be guaranteed to be plant-based and cooked to a plant-based recipe.

# Covid-19 Updates

Due to the Covid-19 updates at Disney World some restaurant may not be open during your trip, have a limited menu or a modified dining experience. Below are the vegan options currently available at Hollywood Studios. The information below is subject to change as Disney may open or close restaurants or change menu items and suppliers.

# **Hollywood Studios**

### **SNACK**

Anaheim Produce	Fruit*
	Mickey Pretzel (no cheese dip)*
	Chips*
	A Cuties Mandarin*
BaseLine Tap House	Bavarian Pretzel and Mustard (no cheese fondue)*
Dockside Diner	PB&J Uncrustables*
Hollywood Scoops	Tofutti Ice Cream*
Joffrey's	Coffee and Tea with Plant Milks (please check drinks as some mixes may contain
	animal products)*
Kat Saka's Kettle	Buttered Blue Grains
	Outpost Popcorn Mix
KRNR The Rock Station	Frozen Coca Cola*
	Frozen Coca Cola with Alcohol*
Milk Stand	Green Milk
	Blue Milk
	Green Milk Cooler
	Blue Milk Cooler
The Trolley Car Café –	Coffee and Tea with Plant Milks (please check drinks as some mixes may contain
Starbucks	animal products)*

### QUICK SERVICE

ABC Commissary	Lunch and Dinner	
	California Burger	M
	Arugula-Farro Salad*	
	Uncrustable*	
	Apple Slices*	
Backlot Express	Tatooine Two Suns Hummus	D
	Fries*	
	Uncrustable*	
Catalina Eddie's	PB&J Uncrustable*	

Docking Bay 7 Food and Cargo	<u>Lunch and Dinner</u>	
	Felucian Kefta and Hummus Garden Spread	D
	Peka Pasta Rings Younglings Meal	D
	Takodana Veggie Dippers Younglings Meal (no ranch dressing)*	
Fairfax Fare	Chicago-Style 'Hot Dog' Salad	D
PizzeRizzo	Spicy Italian 'Sausage' Sub	W.
	A Cuties Mandarin*	
Ronto Roasters	Breakfast	
	Triple Suns Breakfast Wrap	<b>P</b>
	Lunch / Dinner	
	Zuchii Wrap	D
Rosie's All American Café	Toasted 'Lobster' Roll	W.
	Fries*	
Woody's Lunch Box	Toasted 'Cheddar' Sandwich	D
	Plant-Based Totchos	M
	Potato Barrels*	
	A Cuties Mandarin*	

## TABLE SERVICE

50's Prime Time Café	Cousin Amy's Lettuce Wedge	
	Cousin Harold's Vegetable Garden	
	Apple Crisp	
Hollywood & Vine	<u>Breakfast</u>	
	Mickey Waffle (specify vegan when ordering)*	
	Breakfast Potatoes*	
	Plant-Based Four Egg Scramble	(A)
	Plant-Based Egg Frittata	B
	Fresh Fruit Cup*	
	<u>Lunch and Dinner</u>	
	Plant-Based Chopped Salad	P
	Asparagus and Summer Truffle Risotto	D
	Plant-Based Spiced Cherry Pie	D
Mama Melrose's Ristorante	Margherita Flatbread* (specify vegan when ordering)	
Italiano	Minestrone Soup	D
	Polenta Cake, Mushroom and Herbed Cauliflower	

	Lemon Sorbet	(A)
Sci-Fi Dine-In Theater	Island Cake	
Restaurant	Flying Saucer Impossible Burger	
	Cookie Shake	

### FINE DINING

The Hollywood Brown Derby	Local Greens and Strawberry Salad	<b>D</b>
	Wild Mushroom Risotto (check this is vegan)*	-
	Chocolate Coconut Cake	M
	Vegetarian Pho (kids menu, check this is vegan)*	

# **THANK YOU!**

Your Most Magical Guide to Which Vegan Options at Hollywood Studios was created by Most Magical Guides.

This is an unofficial guide and has no affiliation with Walt Disney World or The Walt Disney Company.

I hope this guide has been helpful and will make preparing for your trip that bit easier. I hope you have the most magical trip!

Be sure to check out my website!

www.mostmagicalguides.com

For more guides and information about being vegan at Walt Disney World please visit:

www.mostmagicalguides.com/vegan-wdw

For a whole range of tips and advice on a whole host of topics for planning a Disney World and Orlando theme park trip be sure to check out the Most Magical Blog at:

www.mostmagicalguides.com/blog

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